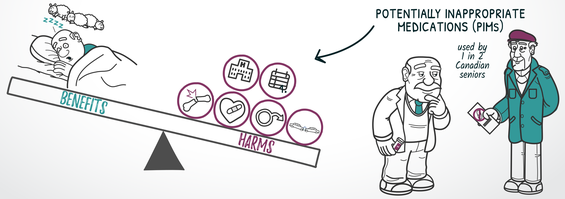
WHITEBOARD VIDEOS: STATISTICALLY PROVEN TO BOOST KNOWLEDGE, CONFIDENCE, AND MOTIVATION TO ACT

BACKGROUND & OBJECTIVE

Canadian Medication Appropriateness and Deprescribing Network

Can whiteboard videos encourage healthcare providers to deprescribe?



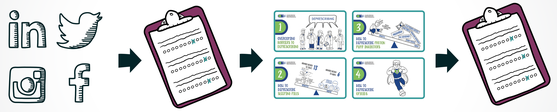
EXALTUS THE VIDEOS

COMMON CLASSES OF POTENTIALLY INAPPROPRIATE MEDICATIONS

DEBUNK MYTHS | SLEEPING PILLS | PROTON PUMP INHIBITORS (FOR STOMACH ACID) | OPIOIDS

WATCH THE VIDEOS
EXALTUS.CA/DEPRESCRIBING

THE METHOD



DEPRESCRIBING NETWORKS & LEADERS VIA SOCIAL → SURVEY → VIDEOS → SURVEY

368 UNIQUE RESPONDENTS

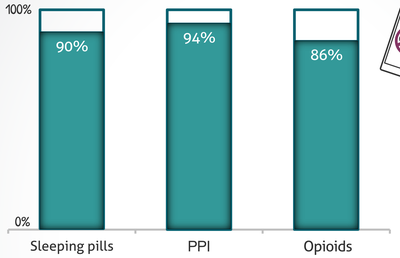
THE SURVEY

KNOWLEDGE | CONFIDENCE | MOTIVATION TO ACT

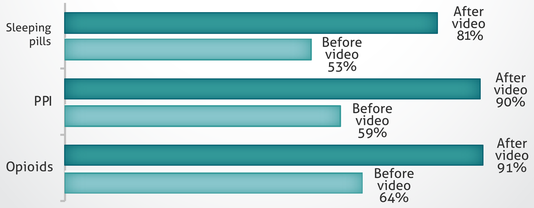
THE RESULTS

INCREASED KNOWLEDGE

% OF VIEWERS WHO STATED THAT THE VIDEOS TAUGHT THEM NEW KNOWLEDGE AND SKILLS

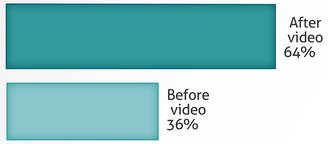


AVERAGE QUIZ SCORE

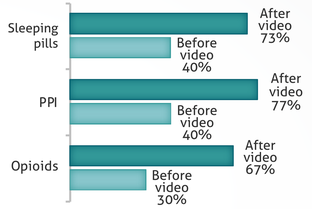


INCREASED CONFIDENCE

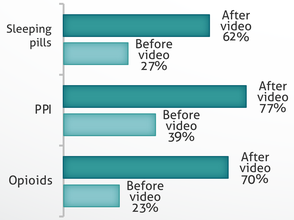
% OF VIEWERS WHO ARE VERY CONFIDENT THEY CAN DEPRESCRIBE POTENTIALLY INAPPROPRIATE MEDICATIONS (PIMS)



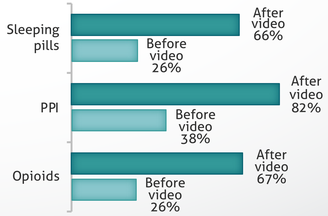
% OF VIEWERS WHO ARE VERY CONFIDENT THEY CAN SUCCESSFULLY ENGAGE A PATIENT IN A CONVERSATION ABOUT DEPRESCRIBING



% OF VIEWERS WHO ARE VERY CONFIDENT THEY CAN WRITE A TAPERING PROTOCOL

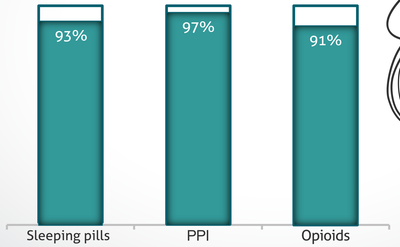


% OF VIEWERS WHO ARE VERY CONFIDENT THAT THEY CAN SUCCESSFULLY IMPLEMENT ALTERNATIVES



INCREASED MOTIVATION TO ACT

% OF VIEWERS WHO STATED THAT THE VIDEOS INCREASED THEIR MOTIVATION TO DEPRESCRIBE



Exaltus.ca/statistics

Turner JP, Gagnon CL, Tannenbaum C. Impact of educational whiteboard videos on healthcare provider knowledge and self-efficacy to deprescribe. J Am Geriatr Soc. 2021;69:S128-S.

Turner JP, Gagnon CL, Khuong NB, McDonald EG, Tannenbaum C. The impact of educational whiteboard videos on healthcare providers' self-efficacy to deprescribe. J Am Geriatr Soc. 2023,

Unpublished data from Turner JP, Gagnon CL, Khuong NB, McDonald EG, Tannenbaum C. The impact of educational whiteboard videos on healthcare providers' self-efficacy to deprescribe. J Am Geriatr Soc. 2023, available on request from Turner, J.P.